



DANCE CLASS DRESS CODE (updated January 2012)

Appropriate attire serves both instructor and student by eliminating distraction and contributes to a focused and respectful learning atmosphere.

MODERN

✓ **CREATIVE DANCE:**

Stretchy, comfortable clothing. Tights or leggings. Bare feet.

✓ **INTRO TO DANCE:**

Stretchy, comfortable clothing - Leotards preferred. Hair secured away from face. Tights or leggings. Bare feet.

✓ **DANCE FOR BOYS:**

Stretchy, comfortable clothing. Short or long sleeve t-shirt. Bare feet.

✓ **MODERN/BALLET Foundations:**

Leotard and tights or leggings. Bare feet. Hair secured away from face. Sweatpants or leggings for boys.

✓ **ADVANCED BEGINNER I THROUGH ADVANCED MODERN:**

*Black, high-backed, camisole-style leotard. Black, footless tights, leggings or form-fitting black Jazz pants. Hair secured away from face.

MODERN/JAZZ

✓ **MODERN/JAZZ Foundations (DANCES OF AFRICA):**

Stretchy, comfortable clothing. Hair secured away from face. Bare feet. Sweatpants or leggings for boys.

✓ **MODERN/ JAZZ Advanced Beg II:**

*Black, high-backed, camisole-style leotard. Black, footless tights, leggings or form-fitting black Jazz pants. Hair secured away from face.

BALLET

✓ **INTRO TO DANCE:**

Stretchy, comfortable clothing. Hair secured away from face. Bare feet.

✓ **MODERN/ BALLET Foundations:**

Leotard and tights or leggings. Hair secured away from face. Sweatpants or leggings for boys.

✓ **ADVANCED BEGINNER I THROUGH ADVANCED BALLET:**

Girls: *Black, straight across/ high-backed, camisole-style leotard. Thin or wide straps, but no tanks. (Black, simple, long-sleeved leotard recommended for winter.) Pink, convertible tights. Pink, canvas, split-sole ballet shoes. Boys: Black leggings/tights. (Black shorts can be worn over tights, optional.) Form-fitting white shirt. White ankle socks and white, canvas, split-sole ballet shoes.

HIP HOP

Comfortable shoes with sturdy soles, and comfortable clothing. **No street shoes please.**

FLAMENCO

Flamenco shoes, or comfortable shoes with sturdy, wide heels. Comfortable clothing. **No street shoes please.**

***Please note:** The black, high-backed, camisole style leotard will be used as a base costume for performance; therefore all other designs are unacceptable. Form-fitting layers for warmth are acceptable, in black or in a solid color, but they will be removed early in the class. Ballet slippers must be canvas and split-sole; leather slippers are too sticky on our Marley floors, and full-sole slippers inhibit the development of sensation and greater articulation in the feet. Once a pair of tights develops runs, it needs to be replaced. Hair for ballet is a neat bun, with bangs or short pieces of front hair held back from the face. There are several great demonstrations of bun technique on YouTube-type in "ballet bun."

We will be have some dress code items available for purchase and we will also be placing an additional group order during registration – forms will be available then. If you wish to order privately, we recommend buying your dance clothes online at discountdancewear.com and please indicate that you are a Berkshire Pulse student. If you are ordering during a rush season though, these basics may be back-ordered for as much as a month.